

**ABSTRACT OF THE DISCLOSURE**

5 A facial harness extends in contact with a portion of the human face and neck. An approximately rectangular fabric pocket extends between an upper strap, a lower strap and left and right opposing side straps. The pockets are in contact with the lower sides of the face and receive hot-cold packs for therapeutic contact with the face. A pair of straps hold the pockets in place on the face and neck. Horizontal and vertical oriented pockets are appropriately placed for thermal contact with certain muscles in the face.

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